

## **Break Out Spaces**

Bridge Road has established numerous break out spaces and implemented three breaks throughout the day. The aim is to promote our school wide approach to positive classrooms and whole school management. Our school has created a range of safe spaces and activities throughout the day to ensure all students are catered for during an emotional crisis or more importantly to stop the crisis from occurring. All spaces are fully supervised, and students can choose to enter these spaces as required. The pillow room is a favourite place to relax, sleep and hide. There are 3 sandpits that students can access during breaks, providing a sensory play area and an outdoor car track. By offering the students different lunch time options, we have dramatically reduced conflict between children on the playground and increased student focus during class time.

We also provide a lunch break in the middle of the day, where students who wish to have a quiet lunch break are able to access activities such as drawing, reading, sensory activities such as playdoh, iPads and computers.

