

# BRIDGE ROAD SCHOOL

## FOCUS OF THE WEEK

# Responsibility

### Why Being Responsible is Important

Being responsible is a key to children's success both in school and in the larger world when they grow up. When they learn to take responsibility for their actions and their commitments, they get things done and people know they can be counted on to meet obligations and promises. These children are seen as trustworthy and dependable, they don't make excuses when they make mistakes but rather own up to them and make amends, they are willing to take on new responsibilities and they are often self-starters. Such behaviours are important ingredients to success in school and in life.

- Teach children how to be dependable so people know they can count on them
- Keeping your word and agreements
- Meeting commitments
- Doing something to the best of your ability
- Being accountable for one's own behaviour
- Accepting credit when you do things right and acknowledging mistakes
- Being a contributing member of one's family and community



### How High Self-Esteem Leads to Responsibility

It has been shown that children with high self-esteem tend to be more responsible. They are better at:

- Waiting for what they want—they believe that with persistence and practice they can reach a goal
- Acknowledging their mistakes and learning from them
- Sticking to a task
- Being willing to ask for help
- Being clear about their strengths and weaknesses

