

# BRIDGE ROAD SCHOOL

## FOCUS OF THE WEEK

# 5 L's of Good Listening

There are 5 simple and easy to follow instructions that teach our students exactly what is expected of them and a simple yet effective reminder that increases student attentiveness. The 5L's of good listening are a great tool to help students learn and are a reminder to avoid getting into trouble for not listening.

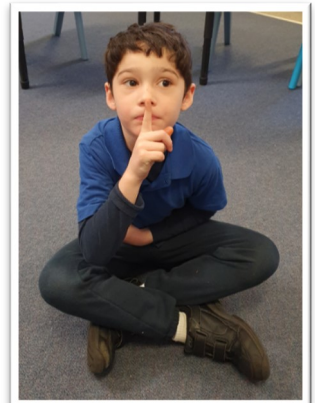
Our 5L's of good listening are:

**LOOKING** wherever your eyes are is where your brain is. If you are looking out the window your brain is not thinking about what is happening in the classroom, it is thinking about what is outside the room.



**LISTEN** this does not just mean with your ears, but with your brain. If you were talking to me and my brain was thinking about what I may like to do after school, I wouldn't really be hearing what you are trying to say to me.

**LIPS** together. This does not mean that you have to keep your lips stuck shut all of the time; it means that you should not have noise coming out of your mouth at all when you are listening. It means no chatting, no whispering and no humming, whistling or singing. It means when you make



**LEGS** are crossed. If you are sitting on the floor and you are moving your legs around, sitting on your knees, moving around on your bottom this means you can't be listening properly. Remember when you move around a lot you distract the people around you, and you interrupt their learning as well as your own.

Hands in your **LAPS**. When you move your arms, you stretch, scratch, poke or fiddle, you would be thinking of other things. If you are moving a lot you will probably be distracting and interrupting others learning. This rule is not saying to sit like a statue, it is saying hands in laps to remind you to try and sit still and listen.

