



- ☐ Learn to cook a new meal
- ☐ Play a game of hide and seek in the house
- ☐ Buy a book of Sudoku/crosswords
- ☐ Make cookies together
- ☐ Start a new TV series
- ☐ Have a drawing competition
- ☐ Clean out your wardrobe
- ☐ Host a virtual dinner party



- ☐ Follow a workout on YouTube
- ☐ Play a board game
- ☐ Have your own painting and wine night
- ☐ Host a virtual family dinner
- ☐ Call your grandparents or an older relative
- ☐ Play a game of soccer in the backyard
- ☐ Do a puzzle
- ☐ Paper Mache
- ☐ Read a new book



- ☐ Start a veggie patch or herb garden
- ☐ Have your own 'My Kitchen Rules' competition
- ☐ Play card games (Mafia, Drop 30, UNO)
- ☐ Have your own spa day (Have a bath, paint nails, DIY facial)
- ☐ Disney movie marathon
- ☐ Teach yourself or your kids to sew or knit
- ☐ Family talent show (can also be virtual)
- ☐ Online yoga or Pilates class
- ☐ Write a list of things you want to do post social distancing
- ☐ Make cupcakes