

BRIDGE ROAD SCHOOL

BULLETIN

Bridge Road School focus of the week

'Ignoring others problems'



It's funny how easily children ignore you when you ask them to clean their room or finish their vegetables, yet they cannot seem to ignore the talkative kid in classroom. Ignoring you or their elders is not acceptable, but sometimes children need to practice their selective hearing skills to keep out of trouble or avoid situations that are distracting to them in class. Even though you know your children are perfectly capable of ignoring certain things, you can help them practice that skill to use in certain situations.

You can help teach young children to ignore negative behaviours, such as kids who are talking during class or children who aren't being kind to them on the playground by teaching the turtle technique. This is a simple technique that involves a few easy-to-remember steps. Teach your child to drop their head, put their hands by their side and focus on whatever it is they are doing. Remind them that it is important not to talk to or interact with the children who are attempting to distract them.

Here are some others:

Walking away

At Bridge Road we teach students to ignore negative behaviours by walking away. We teach them that they do not have to confront or become distracted by others' negative behaviours on the playground. We encourage students to turn around and walk away from a negative situation and to repeat a mantra in their mind saying they will not listen or look at the person who is exhibiting negative behaviour.

Ignoring teasing

Sometimes children are put in a situation worse than being distracted by a friend or classmate. If ever they are put in a situation in which another person is teasing them in a hurtful manner or bullying them, they need to know that ignoring this person is far more effective than responding with tears or requests to stop. By walking away and reporting the incident to an adult if the child doing the bullying is threatening or scaring the student in any way. Bullying is something that children can change by reporting bullies to those in authority.

Teaching students to think first

Ignoring negative behaviours is not always easy, but if students take the time to think about the negative behaviours of others, it helps. Sometimes they can be tempted to join in when other children are behaving negatively, especially when the child is a friend. However by teaching students to stop and think about the consequences of this negative behaviour it helps them to ignore it rather than participate. If they understand that negative behaviours result in negative consequences, they are far less likely to want to join in.

Spectacular Sculptures by the Sea



Last week Melissa's class went for an adventure to Bondi to see Sculptures by the Sea. We drove over in Melissa's car and listened to cool, awesome music. We also played spotto. When we arrived in Bondi we walked down towards the water. It was a beautiful sight to see the sparkling blue ocean! The first sculpture we saw that was very impressive was a giant sized metal handbag that had a garden inside it! The bag looked very realistic! Then we walked along the path. It was seriously busy but we didn't mind too much. Some of the artworks sadly had been washed away when it was a king tide recently. We walked up to the park at the top of the track. Most of the sculptures were there. Harley's favourites were an interactive wooden boat, the crocheted Buddhist temples and the bamboo sphere. Gabriel's favourites were the interactive seats, an interesting tower made out of milk crates and the fat man facing the sea. Jude's favourites were the octopus chair, the crate tower and the metal bag. We then walked back and bought some ice blocks.

Even though it was hot, busy and tiring, it was a happy and fun day seeing so many amazing sights

Written by Gabriel, Jude, Harley and Melissa

Photos by Barry, Gabe and Melissa

Bridge Rd School

Bronze Award Winners this week

Ernie & Auryn

Star Award Winners

Khade Harley Gabriel
Jude Raymond Evran
Dash Ryan

Merit Award Winner

Brooklyn Gabriel

Important Dates

Mon 7th November Swim Scheme Begins
Mon 12th December - Presentation day
Friday 16th December - last day of 2016

Voluntary Contributions

We are seeking a donation of **\$10** per child each term. This voluntary contribution will help our school to provide some additional quality resources to support our students. Should you wish to donate please place donation of **\$10** in an envelope and send to school with your child. All donations are greatly appreciated.

Reminder to all Bridge Road Students



**NO Hat
NO Play**



Reminder: remember if any of your contact details change we would appreciate if you let the school know as this is our way of keeping in touch with you. Also please let us know if you would like to add someone to our email list so they can receive any important information regarding your child.