



## BRIDGE ROAD BULLETIN



**Term 4 Weeks 6– 7**



**Week 6**

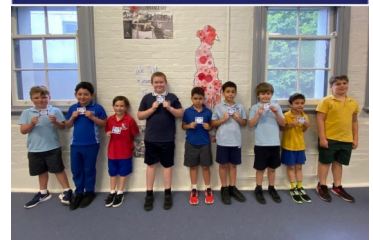
**Star Award** ★



**MERIT AWARD**



**FULL GREEN WEEK**



**Week 7**

**Star Award** ★



**MERIT AWARD**



**Bronze Award**



**FULL GREEN WEEK**



## Important

- **Monday 23rd to Friday 27th November** - Student Review Meetings
- **Monday 7th December** - Books in Homes
- **Tuesday 8th December** - Monkey Mania
- **Monday 14th December** - Presentation Day
- **Wednesday 16th December** - Whole school game and lunch, last day of Term 4



# BRIDGE ROAD SCHOOL

## FOCUS OF THE WEEK

### Following Instructions

Learning to follow instructions is a very important life skill. It is important to teach children that it's important to follow instructions, not just to please or avoid punishment, but to make their own lives easier as well. After all, a child's health and safety can depend on their ability to follow instructions and children function better in school, sports and other group activities when they know how to carry out instructions.



#### 10 Tips to Help Children Follow Instructions

**Ask for your child's attention** Ask for your child's attention by saying "look at me, please. I need you to listen now" You may make it easier by moving into your child's line of sight.

**Minimize distractions** Once you have your child's attention, you want to keep it. Minimize any distractions like video games or TV before giving any directions. You can model this behaviour by giving your child your full attention when giving instructions. This shows your child what you are saying is important.

**Speak quietly** It may be tempting to speak louder or speak over your child when there is something you need to say or get done. But you may capture their attention better by speaking in a softer voice. Giving directions in a calm, even tone. Children are able to focus more easily on what you have to say when they don't have to process the tone and volume too.

**Use 'wait time'** At Bridge Road School we often use 'wait time' which is a 3-7 second pause after you say something or ask a question. Research shows that children are far better at processing information and respond appropriately when they are able to let it sink in.

**Check for understanding** Checking for understanding goes hand in hand with giving your child some 'wait time'. Ask your child to repeat your instructions back to you. Or you can ask them to explain your instructions in their own words. This gives children the chance to ask questions and also gives you a chance to clarify what you said in case they misunderstood anything.

**Tell, don't ask** Many parents phrase directions as question, such as "would you set the table please?" Your child may think they have a choice about following directions. Rephrase what you said so that you are telling your child instead of asking. Simply saying "set the table please" can make a big difference.

**Give instructions one at a time** Younger children with learning and attention difficulties may have trouble following a sequence of steps. Children often get stuck after following the first instruction, try and give instructions one at a time.

**Number your directions** Help your child follow multi-step directions by actually putting a number to them. Typically, people can hold up to four things in their working memory at a time. This is easier to do when they're connected or there's a way to make them more memorable. Saying things like "There are three things you need to do," or use words like first, second, then next and last.

**Be precise in the what you say** Children who struggle with planning and organization or language may have trouble with vague directions. You may think your child isn't following directions but they may in fact have trouble figuring out how to get started. Be specific. For example, you may get better results by saying, "Please put your toys away, pick everything up off the floor and make your bed" instead of "Clean your room".



# Teddy Bears Picnic













# Contacting BRS



If you are wanting to discuss a matter with your child's teacher, please email the school at :  
**bridgerd-s.school@det.nsw.edu.au**

Emails will be forwarded on to the appropriate teacher, who will be in contact with you as soon as possible. In the event of an emergency, please contact the school office on:  
**9519 8389**



Bridge Road School likes to use Facebook as a means to share with our families and community, all of the amazing things our students do. You can find photos of your child participating in Wellbeing Wednesday, engaged in a STEAM activity, or receiving a weekly award. So jump online and give Bridge Road School a follow and a like.👍

You can also find useful information on our website:

<https://bridgerd-s.schools.nsw.gov.au/>

## Homework

As you may be aware BRS does not give out homework. However, you can find additional learning activities on our website if you would like to extend your child or if your child is going to be absent for an extended period.

### Absent Days



If your child is sick it is important that you notify the school and the driver of your child's taxi. The days your child is at their home school, if they are not attending it is important that you contact both Bridge Road and the home school as early as possible. Both teachers and support officers visit students each Thursday, some travel a long way to get to the home schools and arriving to find students are absent with no notice can be very frustrating.

### Recommendations



To help ensure the wellbeing and safety of our staff and students, Bridge Road School strongly recommends that you send your child to school wearing their school uniform or plain clothes, with a packed healthy lunch and soft plastic drink bottle.

### Voluntary Contributions



Thank you to our Bridge Road families for their ongoing support & contributions in helping us improve our school. We are seeking donation of **\$10** per child each term, should you require a receipt for any voluntary donations please contact the office on 9519 8389. All the voluntary contribution will help our school to provide some additional quality resources to support our students. Should you wish to donate please place donation of **\$10** in an envelope and send to school with your child. All donations are greatly appreciated.



### FOREST AREA FOR HIRE

The perfect open space for your next family get together, child's birthday party or special gathering. This hidden sanctuary is nestled behind the Camperdown Commons, featuring kids bike track, ninja obstacle course and bbq picnic area. Also available, onsite parking, toilets and undercover deck area.

**CALL TO MAKE A BOOKING:**

**9519 8389**



Find us on  
**Facebook**

**Reminder:** Any change of details contact the school, this is our way of keeping in touch with you. Please let us know if you would like to add someone to our email list so they can receive any important information regarding your child.