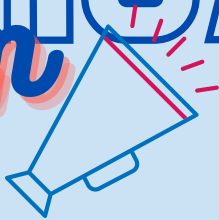


# BRIDGE ROAD

## *Bulletin*



### Term 4, Weeks 1 - 2

Dear Parents and Carers,

Welcome back to school for Term 4. Unfortunately, it is looking like another wet few months, but this will not dampen our spirits! We are looking forward to swimming which will take place in Week 5 and 6 (beginning Monday 7th November). If it's raining, the water is always warmer anyway right?

Please remember to bring back your child's permission slip if you would like them to take part in this excellent program focused on water safety.

This term we will also have Books in Homes, delivering incredible free reading resources to our students, another live performance (The Mr Huff Show), an excursion to Monkey Mania, our presentation day, and a whole lot more.

#### **Occupational Therapy**

This term, we have occupational therapist, Natalie Larter joining our team.. The school has initiated a partnership with Child Sense, a local paediatric occupational therapy practice, and Natalie has a passion for helping students with emotional regulation and was suggested as a great fit for our school. Natalie will be working with us each Wednesday. She is happy to work with external therapists to ensure a coordinated approach, however **if you would not like your child to work with Natalie, please contact the school.**

If there is anything we can do to better support your child, or if you have questions or concerns about any aspect of your child's day, please reach out to me.

All the best,  
David Lomas  
Principal



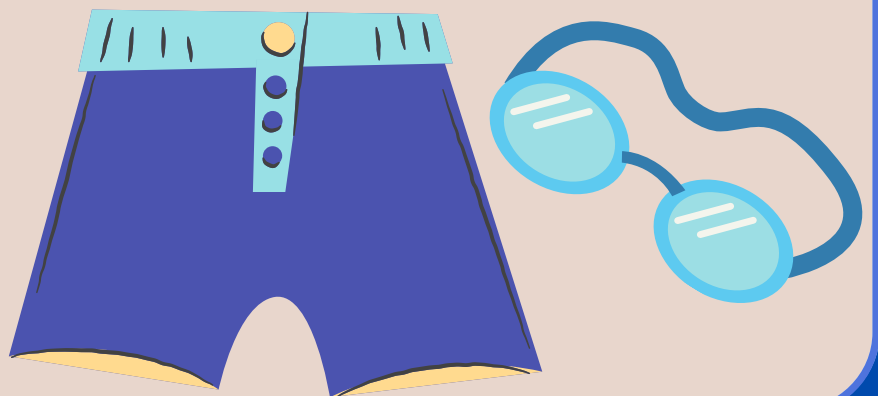
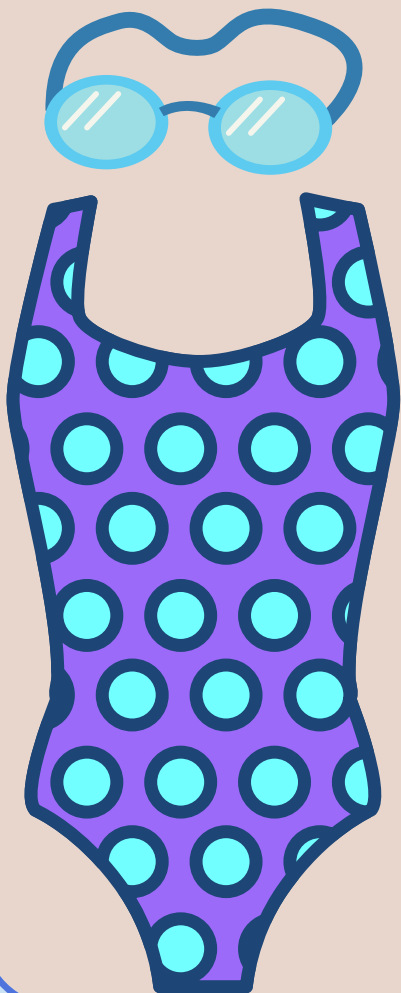
# Swim Scheme



As part of our curriculum, Bridge Road School offers students from years 1-6 the opportunity to attend an intensive swimming program at Victoria Park Pool.

The Department of Education School Swimming and Water Safety Program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The program is conducted over 8 days. Each lesson is 45 minutes.

Students who do not have a satisfactory standard of water safety and survival skills, and are unable to swim 25m confidently unaided in deep water are eligible to participate in the School Swimming and Water Safety Program





## School Swim & Water Safety Program

Arrangements have been made to include a learn to swim program in our school curriculum.

The Department of Education School Swimming and Water Safety Program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The program is conducted over 8 days. Each lesson is 45 minutes.

Students who do not have a satisfactory standard of water safety and survival skills, and are unable to swim 25m confidently unaided in deep water are eligible to participate in the School Swimming and Water Safety Program. The Program focuses on weak swimmers in Year 1 to 6.

The Swimming Scheme lesson will take place at Victoria Park Pool from 12:00pm – 12:45pm.

The program will continue daily for two weeks **from Monday 7<sup>th</sup> November to Friday 18<sup>th</sup> November**. There will be no charge for instruction.

Pool entry will cost \$2 per day and return bus fare \$2.25 per day (**total cost \$4.25 per day**).

To be eligible to attend the swim scheme students must attend BRS at least three days per week. In addition, a current risk assessment for all students has been completed to ensure the safety of all.

Each child should bring a swimming costume, towel, hat, and warm clothing on a cold day. Instructions take place at an outdoor pool, so it is recommended that students use adequate sun protection and water-resistant sunscreen is applied.

Students will be assessed during the School Swimming and Water Safety Program for all water safety skills without wearing goggles.

Swim Scheme Co-ordinator: Lorraine Packett

David Lomas – Principal

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Please return to school by Monday 31<sup>st</sup> October

## School Swimming and Water Safety Program Consent Form

I hereby consent to the attendance of my son/daughter \_\_\_\_\_ at the school Swimming and Water Safety Program, with classes to be held at Victoria Park Pool from Monday 7<sup>th</sup> November to Friday 18<sup>th</sup> November 2022.

We will be travelling by public bus to the pool

Total cost for 6-day program is **\$25.50** and total cost for 8 day program is **\$34** I have enclosed \_\_\_\_\_

I understand an additional risk assessment will be completed prior to my child participating in the program.

In the event of injury or illness, I also authorise (on my behalf) school staff to seek medical assistance if my child requires it. **Y/N**

Please list any special needs of your child which we should be aware of (i.e.: allergies, sensory impairment, fear of water etc.)

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# \*\*REMINDER\*\*



It is important to send your child to school with a healthy lunch box. Check out the lunch box builder tool on the Cancer Council Healthy Lunch Box website for some recipe ideas.



**Cancer Council**  
Healthy Lunch Box



## DID YOU KNOW?

- Packing a healthy lunch box can set up healthy eating habits that last a lifetime.
- Healthy foods boost the immune system
- Key nutrients improve concentration
- Food choices can improve a student's attitude
- Poor dietary habits can influence sleep patterns, which may have an effect on cognitive behaviours and academic abilities.



# \*No Metal Drink Bottles



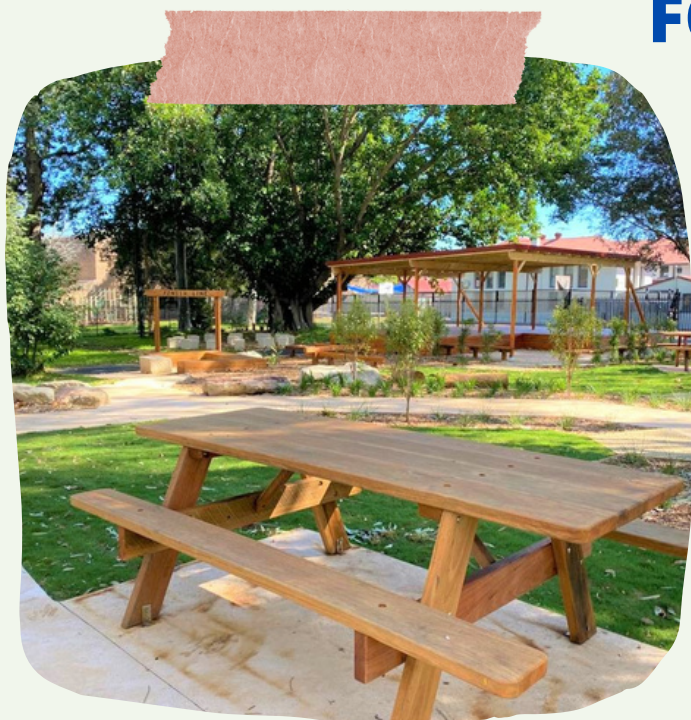
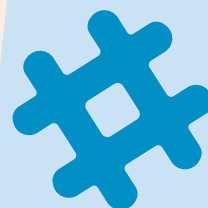
# facebook

Bridge Road School like to use Facebook as a means to share with our families and community all of the amazing things our students do. You can find photos of your child participating in Wellbeing Wednesday, engaged in a STEAM activity, or receiving a weekly award. So jump online and give Bridge

Road School a follow and a  Like

You can also find useful information on our website:

<https://bridgerd-s.schools.nsw.gov.au/>



## FOREST AREA FOR HIRE

The perfect open space for your next family get together, child's birthday party or special gathering.

This hidden sanctuary is nestled behind the Camperdown Commons, featuring kids bike track, ninja obstacle course and BBQ picnic area. Also available, onsite parking, toilets and undercover deck area.

**CALL TO MAKE A BOOKING:**

**9519 8389**